1.	, 100m			
1.		1984	53.20	821
2.		1996	53.79	794
3.		1999	54.23	775
1.	, 100m			(17-18)
1.		2001	57.36	655
2.		2000	58.32	623
3.		2000	58.38	621
2.	, 200m			
1.		2000	2:18.52	680
2.		2003	2:24.00	605
3.		2003	2:24.24	602
2.	, 200m			(15-17)
1.		2003	2:24.00	605
2.		2003	2:24.24	602
3.		2003	2:26.57	574
3.	, 200m			
1.		1998	1:48.46	831
2.		2000	1:51.64	762
3.		2000	1:53.41	727
3.	, 200m			(17-18)
1.		2000	1:51.64	762
2.		2000	1:53.41	727
3.		2001	1:54.01	716
4.	, 100m			
1.		2001	57.16	755
2.		2001	57.48	742
3.		1999	57.49	742

4. , 100m (15-17)

1.	2001	57.16	755
2.	2001	57.48	742
3.	2003	58.03	722

5. , 100m

1.	1998	57.99	714
2.	1994	58.04	712
3.	1997	58.91	681

5. , 100m (17-18)

1.	2000	59.61	658
2.	2000	59.85	650
3.	2001	59.93	647

6. , 200m

1.	2001	2:11.28	843
2.	2003	2:16.03	758
3.	2001	2:21.08	679

6. , 200m (15-17)

1.	2001	2:11.28	843
2.	2003	2:16.03	758
3.	2001	2:21.08	679

7. , 50m

1.	1992	27.57	880
2.	2000	28.20	822
3.	2001	28.64	785

7. , 50m (17-18)

1.	2000	28.20	822
2.	2001	28.64	785
3.	2000	29.04	753

8.	, 50m				
1.		2003		31.72	802
2.		1999		32.57	741
3.		1994		32.79	726
8.	, 50m				(15-17)
1.		2003		31.72	802
2.		2003		32.98	714
3.		2001		33.69	670
9.	, 4 x 200m				
1.				8:30.83	740
2.				8:46.99	674
3.				8:48.55	668
10.	, 1500m				
1.		1996		15:29.68	822
2.		2000	-	15:31.16	818
3.		1994		15:33.13	813
10.	, 1500m				(17-18)
1.		2000	-	15:31.16	818
2.		2001		15:57.41	752
3.		2000		16:04.86	735
11.	, 400m				
1.		1998		3:54.69	824
2.		2000		3:55.01	821
3.		2001		3:56.07	810
11.	, 400m				(17-18)
1.		2000		3:55.01	821
2.		2001		3:56.07	810
3.		2001		3:57.34	797

12.	, 400m			
1.		1999	4:51.17	765
2.		2002	5:01.04	692
3.		2004	5:01.24	691
12.	, 400m			(15-17)
1.		2002	5:01.04	692
2.		2001	5:05.60	662
3.		2003	5:06.64	655
13.	, 400m			
1.		2003	4:34.78	698
2.		1994	4:35.10	696
3.		1997	4:44.22	631
13.	, 400m			(17-18)
1.		2001	4:45.03	626
2.		2001	4:47.99	606
3.		2001	4:49.01	600
14.	, 200m			
1.		2003	2:31.59	772
2.		2003	2:33.36	746
3.		2003	2:39.63	661
14.	, 200m			(15-17)
1.		2003	2:31.59	772
2.		2003	2:33.36	746
3.		2003	2:39.63	661
15.	, 200m			
1.		1984	1:59.59	810
2.		2001	2:06.12	691
3.		1998	2:07.66	666

15. , 200m (17-18)

1.	2001	2:06.12	691
2.	2001	2:12.61	594
3.	2001	2:16.08	550

16. , 50m

1.	2001	29.78	750
2.	2003	30.18	720
3.	2001	30.31	711
3.	2002	30.31	711

16. , 50m (15-17)

1.	2001	29.78	750
2.	2003	30.18	720
3.	2001	30.31	711
3.	2002	30.31	711

17. , 50m

1.	1989	-	24.74	917
2.	1996		25.26	861
3.	2000		26.79	722

17. , 50m (17-18)

1.	2000	26.79	722
2.	2001	27.40	675
3.	2000	27.59	661

18. , 4 x 200m

1.		7:30.53	801
2.		7:35.48	775
3.		7:47.20	719

19. , 800m

1.	2000	8:57.98	731
2.	1999	8:58.19	730
3.	2003	9:00.95	719

19. , 800m (15-17)

1.	2003	9:00.95	719
2.	2002	9:23.90	635
3.	2001	9:25.22	630

31. , 100m

1.	2001	1:02.10	778
2.	1992	1:02.32	770
3.	2000	1:03.62	724

31. , 100m (17-18)

1.	2001	1:02.10	778
2.	2000	1:03.62	724
3.	2000	1:04.86	683

32. , 100m

1.	2003	1:02.43	701
2.	2000	1:03.93	653
3.	2005	1:04.32	641

32. , 100m (15-17)

1.	2003	1:02.43	701
2.	2001	1:06.30	585
3.	2001	1:06.66	576

33. , 200m

1.	1998	2:04.61	765
2.	1992	2:07.51	714
3.	2003	2:10.03	673

33. , 200m (17-18)

1.	2001	2:13.00	629
2.	2001	2:13.99	615
3.	2001	2:14.07	614

34.	, 200m			
1.		1999		2:19.61 737
2.		2003		2:21.71 704
3.		2001		2:22.15 698
34.	, 200m			(15-17)
1.		2003		2:21.71 704
2.		2001		2:22.15 698
3.		2002		2:22.61 691
35.	, 400m			
1.		1999		4:20.56 747
2.		2000		4:23.82 720
3.		1999		4:25.33 707
35.	, 400m			(15-17)
1.		2003		4:27.59 690
2.		2002		4:31.64 659
3.		2003		4:32.57 652
36.	, 50m			
1.		1989	-	22.14 842
2.		1997		23.17 734
3.		1992		23.26 726
36.	, 50m			(17-18)
1.		2000	-	23.34 719
2.		2000		23.83 675
3.		2001		23.90 669
37.	, 50m			
1.		2003		26.03 757
2.		2001		26.30 734
3.		2001		26.95 682

37.	, 50m				(15-17)
1.		2003		26.03	757
2.		2001		26.30	734
3.		2001		26.95	682
38.	, 4 x 100m				
1.				3:45.09	780
2.				3:51.86	714
3.				3:54.09	694
39.	, 4 x 100m				
1.				4:20.12	709
2.				4:23.33	684
3.				4:27.03	656
40.	, 800m				
1.		1994		8:09.44	788
2.		2000	-	8:11.13	780
3.		1997		8:20.01	739
40.	, 800m				(17-18)
1.		2000	-	8:11.13	780
2.		2000		8:22.85	726
3.		2001		8:29.50	698
20.	, 100m				
1.		1989	-	48.92	881
2.		1998		49.82	834
3.		2000	-	50.58	797
20.	, 100m				(17-18)
1.		2000	-	50.58	797
2.		2000		51.50	755
3.		2000		52.70	705

21.	, 200m			
1.		1999	2:02.63	782
2.		2000	2:04.57	746
3.		2001	2:04.74	742
21.	, 200m			(15-17)
1.		2001	2:04.74	742
2.		2003	2:08.87	673
3.		2003	2:09.35	666
22.	, 200m			
1.		2000	2:18.14	777
2.		1996	2:20.20	743
3.		2001	2:21.34	725
22.	, 200m			(17-18)
1.		2000	2:18.14	777
2.		2001	2:21.34	725
3.		2000	2:22.00	715
23.	, 100m			
1.		2001	1:02.07	820
2.		2003	1:03.40	770
3.		2001	1:04.27	739
23.	, 100m			(15-17)
1.		2001	1:02.07	820
2.		2003	1:03.40	770
3.		2001	1:04.27	739
24.	, 200m			
1.		1996	1:58.01	853
2.		1994	2:06.78	687
3.		2002	2:09.08	651

24. , 200m (17-18)

1.	2001	2:11.37	618
2.	2000	2:12.20	606
3.	2001	2:12.29	605

25. , 100m

1.	2003	1:09.85	781
2.	2003	1:11.37	732
3.	1999	1:12.66	694

25. , 100m (15-17)

1.	2003	1:09.85	781
2.	2003	1:11.37	732
3.	2003	1:13.42	673

26. , 50m

1.	1989	-	23.78	839
2.	1998		23.81	836
3.	1984		24.22	794

26. , 50m (17-18)

1.	2000	25.25	700
2.	2000	25.76	660
3.	2000	26.14	631

27. , 50m

1.	2003	28.17	652
1.	2003	28.17	652
3.	2003	28.30	643

27. , 50m (15-17)

1.	2003	28.17	652
1.	2003	28.17	652
3.	2003	28.30	643

28.								
1.							3:23.34	793
2.							3:30.03	719
3.							3:32.07	699
29.								
1.							3:56.41	707
2.							3:57.34	699
3.							4:00.65	670
30.								
1.		2003					17:07.62	730
2.		1999					17:12.40	720
3.		1993					17:19.09	706
30.								(15-17)
1.		2003					17:07.62	730
2.		2002					17:51.55	644
3.		2003					17:57.42	633